



Sacred Heart Catholic School

The Heart of Faith



Love



Community

UNIFORM CODE

Uniforms may be purchased at:

Fischer's School Uniforms by Just Me Apparel
3773 New Town Blvd, St. Charles, MO 63301
636-493-0655

Uniforms are required for all students of Sacred Heart Catholic School. Full uniforms are to be worn from the first day of school until the end of the school year. Parents are asked to cooperate by seeing that your children always wear the uniform as outlined in the regulation uniform code. This is important to the overall discipline and spirit of our school. The school reserves the right to determine whether a student's dress and appearance satisfies the school's requirements.

A student's general appearance should reflect the basic philosophy of the school and the established educational climate. Any adjustment or adornment to a student's basic appearance that is faddish in nature, draws inappropriate attention, or is counter to the desired tone of the building is not allowed. Tattoos and or writing on the skin is not allowed. Regular daily attire consists of a school uniform. Uniforms are to be neat, clean, and in good repair. No stains, loose hems, holes in any uniform pieces. Hats or caps are not to be worn in the building throughout the school day on regular uniform days. High school logo apparel will be allowed on specific days after letters of acceptance for 8th grade only. The principal will grant these days. Any logoed item must be removed before school begins. There are a number of options for the Sacred Heart uniform. It is expected that all students be in uniform unless it has been designated a Dress Down Day, birthday observance, earned reward, etc.

Uniform Code for All Students – Highlighted points

- Uniforms are to be well fitting.
- Uniforms are to be clean and free of rips, tears, and holes.
- Shirts are to be tucked into shorts, pants, skirts, and jumpers.
- Tennis shoes or loafer type shoes that fully cover the heel and can be tied or secured by Velcro must be worn. Boots, sandals, CROC style shoes, slip-ons, slides, wheeled or light up capable style shoes are not to be worn.
- Shorts and pants that have belt loops require a belt to be worn.
- Skirts and Jumpers must reach the middle of the knee cap. Skirts and jumpers that do not reach the middle of the kneecap will be required to be changed.
- Shorts and pants must be worn on or above the hips and fully secure with well fitted elastic or belt for those that have belt loops.
- Hair must be a natural color and must not impede the vision of the student or the ability of others to see the student's eyes.
- Parents may be called to bring the appropriate uniform to their child during the school day and be required to rectify the uniform concern within an appropriate time frame.



- **Smart Watch Policy** – Smart watches such as Fitbit or Apple Watches are allowed. However, they may only be operated as a watch. If the watch is used as a cellular or Wi-Fi based communication device of any kind the watch will be confiscated and held in the school office until the student or parent obtains the watch. In the event a second instance of using the watch as a communication device the watch will be held in a secure location for 24 hours or until the close of the next school day.

The following describes the uniform policy at each level:

Girls' Uniform Code

- **Lucky Duck 3-year-olds and PreK 4-year-olds**
 - Blue and White dresses purchased at Fischer's Uniforms by Just Me Apparel
 - Navy blue, red, or white leggings or tights under their dress.
 - Navy blue, red, or white turtleneck or long sleeve shirts may also be worn.
 - **Sweatshirts and Outerwear**
 - Authorized Sacred Heart Catholic School sweatshirts or Spirit/Spartan wear (see below) may be worn.
 - **Tennis shoes** with a back or loafer type shoes that tie and have a back are acceptable.
 - No boots, sandals, Heelys (shoes with wheels) or lights in or on shoes, CROC style shoes, slip-ons, slides.
 - Shoes must be properly tied/secured at all times
 - **Cosmetics**
 - Cosmetics, including fingernail polish or sculptured nails, are not allowed
 - **Jewelry**
 - One earring in each ear lobe (the lower part of ear containing no cartilage) is allowed. For safety, these should not be hoops, dangling or oversized earrings
 - One scapular or necklace with a small religious medal or crucifix is allowed.
 - **Hair**
 - Hairstyles, hair color and haircuts should be natural and appropriate to the Catholic elementary school setting.
 - Hair must be neat, clean, and kept out of the eyes.
- **Grades K-8**
 - **Jumpers, Pants, Shorts**
 - **Grades K-3**
 - Red plaid jumper with the hemline at the knee
 - Navy blue uniform pants (no cargo pants or corduroys). Plain, dark
 - Belts are required if there are belt loops.
 - Navy blue walking shorts may be worn all year
 - **Skirts, Pants, Shorts**
 - **Grades 4-8**
 - Red plaid skirt with the hemline at the knee
 - Navy blue or khaki uniform pants/walking shorts (no cargo pants or corduroys). Plain, dark belts are required if there are belt loops.
 - Black or grey leggings/tights to sock line may be worn under skirts.

- No long pants, including but not limited to sweatpants or pajama style pants, may be worn under the jumper or skirt.
- **Shirts/Blouses K-8**
 - Solid, white, gray or Sacred Heart red polo shirts or collared blouses (long or short sleeve) without logos
 - White, gray or Sacred Heart red turtleneck shirts may be worn in cold weather
 - Only white t-shirts without printing of any kind may be worn under polo shirt or blouse.
 - Shirt must be tucked in at all times
- **Shoes K-8**
 - Tennis shoes with a back or loafer type shoes that tie and have a back are acceptable.
 - No boots, sandals, Heelys (shoes with wheels) or lights in or on shoes, CROC style shoes, slip-ons, slides.
 - Shoes must be properly tied/secured at all times
- **Socks K-8**
 - May be white, red, gray, navy blue, or black. Solid color only
 - Socks may be no-show, ankle, crew, or knee high.
- **Sweaters/Sweater Vests K-8**
 - Hoodless sweaters in white, red, gray, navy blue or black.
- **Sweatshirts and Outerwear K-8**
 - Authorized Sacred Heart Catholic School sweatshirts or Spirit/Spartan wear (see below) may be worn.
- **Cosmetics K-8**
 - Cosmetics, including fingernail polish or sculptured nails, are not allowed
- **Jewelry K-8**
 - One watch
 - **Smart Watch Policy** – Smart watches such as Fitbit or Apple Watches are allowed. However, they may only be operated as a watch. If the watch is used as a cellular or Wi-Fi based communication device of any kind the watch will be confiscated and held in the school office until the student or parent obtains the watch. In the event a second instance of using the watch as a communication device the watch will be held in a secure location for 24 hours or until the close of the next school day.
 - One earring in each ear lobe (the lower part of ear containing no cartilage) is allowed. For safety, these should not be hoops, dangling or oversized earrings
 - One scapular or necklace with a small religious medal or crucifix is allowed.
- **Hair K-8**
 - Hairstyles, hair color and haircuts should be natural and appropriate to the Catholic elementary school setting.
 - Hair must be neat, clean, and kept out of the eyes.

Boys' Uniform Code

- **Lucky Duck 3-year-olds and PreK 4-year-olds**
 - **Pants/Shorts**
 - Navy blue uniform pants or shorts worn at the waist (no cargo pants or corduroys). Plain, dark belts are required if there are belt loops
 - The boys' shorts option may be worn anytime throughout the school year. It is up to the parents' discretion to determine if the weather warrants this option.
 - **Shirts**
 - Solid white, gray or Sacred Heart red polo shirts or collared shirts (long or short sleeve) without logos.
 - Navy blue, red, or white turtleneck or long sleeve shirts may also be worn.
 - Only white t-shirts without printing of any kind may be worn under polo shirt or blouse.
 - Shirts must be tucked in at all times
 - **Sweatshirts and Outerwear**
 - Authorized Sacred Heart Catholic School sweatshirts or Spirit/Spartan wear (see below) may be worn.
 - **Shoes**
 - Tennis shoes with a back or loafer type shoes that tie and have a back are acceptable.
 - No boots, sandals, Heelys (shoes with wheels) or lights in or on shoes, CROC style shoes, slip-ons, slides.
 - Shoes must be properly tied/secured at all times
 - **Hair**
 - Hairstyles, hair color and haircuts should be natural and appropriate to the Catholic elementary school setting.
 - Hair must be neat, clean, and kept out of the eyes.
 - **Jewelry**
 - One scapular or necklace with small religious medal or crucifix is allowed worn under the short collar.
 - No earrings
- **Grades K-8**
 - **Pants/Shorts**
 - **Grades K-3**
 - Navy blue uniform pants or shorts worn at the waist (no cargo pants or corduroys). Plain, dark belts are required if there are belt loops
 - Pants need to be worn at the waist
 - The boys' shorts option may be worn anytime throughout the school year. It is up to the parents' discretion to determine if the weather warrants this option.

- **Grades 4-8**
 - Navy blue or khaki uniform pants/shorts (no cargo pants or corduroys).
 - Plain, dark belts are required if there are belt loops
 - Pants need to be worn at the waist
 - The boys' shorts option may be worn anytime throughout the school year. It is up to the parents' discretion to determine if the weather warrants this option.
- **Shirts Grades K-8**
 - Solid white, gray or Sacred Heart red polo shirts or collared shirts (long or short sleeve) without logos.
 - White, gray or red Sacred Heart red turtleneck shirts may be worn in cold weather
 - Only white t-shirts without printing of any kind may be worn under polo shirt or blouse.
 - Shirts must be tucked in at all times
- **Shoes Grades K-8**
 - Tennis shoes with a back or loafer type shoes that tie and have a back are acceptable.
 - No boots, sandals, Heelys (shoes with wheels) or lights in or on shoes, CROC style shoes, slip-ons, slides.
 - Shoes must be properly tied/secured at all times
- **Socks Grades K-8**
 - May be white, red, gray, navy blue, or black. Solid color only
 - Socks may be no-show, ankle, crew, or knee high
- **Sweaters/Sweater Vests Grades K-8**
 - Sweaters in white, red, gray, navy blue, or black.
- **Sweatshirts Grades K-8**
 - Authorized Sacred Heart Catholic School sweatshirts or Spirit/Spartan wear (see below) may be worn.
- **Jewelry Grades K-8**
 - One watch
 - **Smart Watch Policy** – Smart watches such as Fitbit or Apple Watches are allowed. However, they may only be operated as a watch. If the watch is used as a cellular or Wi-Fi based communication device of any kind the watch will be confiscated and held in the school office until the student or parent obtains the watch. In the event a second instance of using the watch as a communication device the watch will be held in a secure location for 24 hours or until the close of the next school day.
 - One scapular or necklace with a small religious medal or crucifix is allowed worn under the shirt collar.
 - No earrings
- **Hair Grades K-8**
 - Hairstyles, hair color and haircuts should be natural and appropriate to the Catholic elementary school setting
 - Hair must be kept out of the eyes and above the collar
- **Sacred Heart Spirit/Spartan Wear**

- Sacred Heart Spirit/Spartan wear – including polos, sweatshirts, hoodies, quarter zip and full zip jackets are permitted to be worn during the school day. T-shirts of any sort – even Sacred Heart ones – are not permitted except on Dress Down Days. Students are required to wear uniform shirts/blouses under the sweatshirts and jackets.

PE Dress Code

- Pre-K and Kindergarten wear their uniforms
- **Grades 1-3**
 - Gym shorts need to be as long as the walking uniform shorts
 - Boys – Uniform shirts with uniform pants
 - Girls – Uniform blouse with red or black shorts
 - “Yoga” Style leggings both full length and capri are not to be worn.
 - Red or black sweatpants or athletic pants may be worn in cold weather
 - Tennis shoes tied securely required
- **Grades 4 – 8**
 - **Gym shorts need to be as long as the walking uniform shorts**
 - Boys – Uniform shirts or white, plain T-shirts with red or black gym shorts
 - Girls – Uniform blouse with red or black gym shorts
 - “Yoga” Style leggings both full length and capri are not to be worn.
 - Red or black sweatpants or athletic pants may be worn in cold weather
 - Tennis shoes tied securely required

Dress Down Day Code for All Students (approved by Board of Education 9/2016)

- Dress down days come in a variety of forms and for a variety of purposes most often as a reward for full participation in the annual Daily Cash Raffle sponsored by the Ladies Guild, birthday observance, and/or earned reward. Dress down days may also come at the discretion of the school administration and Pastor.
- The following is our Dress Down Day policy:
 - *“Dress Down Day refers to clothing only – all other policies for dress, such as shoes, socks, jewelry, hair, nail polish and make-up remain part of the dress code. Clothing will be neat and appropriate for a Catholic school setting.*
 - *Long pants, capris, sweatpants, or jeans with no holes – all pants worn at the waist*
 - *No lounge/sleep pants and no words on the seat of the pants*
 - *Yoga” Style leggings both full length and capri are not to be worn.*
 - *Shirts or blouses or t-shirts completely covering the shoulder (not sleeveless) or midriff (inappropriate words are not acceptable)*
 - *Skirts or dresses may be worn with the hem at the middle of the knee*